



THE HEIGHTS STORE DIRECTORY

Item	Aisle	Item	Aisle	Item	Aisle
Air Conditioner Filters.....	17	Deodorant.....	25	Napkins.....	18
Air Freshener.....	16	Diapers.....	Left Wall	Nutritional Aids/Bars.....	23
Aluminum Foil.....	18	Diet Aids.....	24	Nuts (Baking).....	7
Appliances.....	6	Dish Soap.....	17	Nuts (Snacking).....	9
Asian Foods.....	4	Dog Food.....	19	Oil/Shortening.....	7
Automotive Supplies.....	17	Dried Fruit.....	8	Olives.....	3
Baby Accessories.....	Left Wall	Electrical Needs.....	16	Pancake Mix.....	8
Baby Food.....	Left Wall	Eye Care.....	24	Paper Towels.....	18
Baby Formula.....	Left Wall	Fabric Softener.....	16	Party Supplies.....	30
Baby Medication.....	Left Wall	Facial Care.....	28	Pasta (Canned).....	6
Baby Wipes.....	Left Wall	Facial Tissue.....	18	Pasta (Dry).....	5
Bags/Wrap.....	18	Feminine Hygiene.....	26	Pastries.....	8
Bakeware.....	7	First Aid.....	23	Peanut Butter.....	3
Band-Aids.....	23	Floor Wax.....	17	Pet Supplies.....	19
Barbecue Sauce.....	4	Flour.....	7	Picante Sauce.....	3
Bath Soap.....	28	Foil Bakeware.....	7	Pickles.....	3
Bath Tissue.....	18	Foot Care.....	26	Pimentos.....	6
Batteries.....	Fron of 18 by Checkstands	Fruit Snacks.....	8	Plates/Cups.....	17
Beans (Canned).....	6	Gift Cards.....	30	Pop Tarts.....	8
Beans (Dry).....	5	Gift Wrap.....	30	Popcorn.....	9
Beer.....	1 & 2	Goya.....	3	Potatoes/Stuffing.....	5
Bird Seed.....	19	Glue.....	22	Pudding/Pie Filling.....	7
Biscuit Mix.....	7	Gluten Free.....	6	Q-Tips.....	23
Bleach.....	16	Gravy Mixes.....	5	Religious Candles.....	16
Boxed Dinners.....	5	Greeting Cards.....	30	Rice.....	5
Bread.....	3	Hair Accessories.....	27	Rice Cakes.....	9
Cake Mixes.....	7	Hair Care.....	27	Salad Dressing.....	4
Candles.....	16	Hair Color.....	26	Salsa.....	3
Candy.....	11	Honey.....	3	Salt.....	7
Canned Chili.....	6	Hosiery.....	26	School Supplies.....	22
Canned Fish.....	6	Hot Cocoa.....	10	Seasonal Items.....	21 - 22
Canned Fruit.....	6	Incontinence.....	26	Sewing Needs.....	26
Canned Meat.....	6	Insecticides.....	17	Shampoo/Conditioner.....	27
Canned Tomatoes.....	6	Instant Breakfast.....	8	Shaving Needs.....	25
Canned Vegetables.....	6	Jam/Jelly.....	3	Skin Care.....	28
Canning Supplies.....	7	Jell-O.....	7	Snacks.....	9
Cat Food.....	19	Juice.....	11	Sodas.....	11
Cat Litter.....	19	Ketchup.....	4	Soup.....	5
Cereal.....	8	Kitchen Gadgets.....	6	Spices.....	7
Cereal (Hot).....	8	Kool-Aid.....	11	Sports Drinks.....	12
Charcoal.....	17	Laundry Detergent.....	16	Starch.....	16
Chips.....	9	Laxatives.....	23	Sugar.....	7
Cleaners/Cleaners.....	16	Light Bulbs.....	16	Syrup.....	8
Closet Items.....	16	Lotion/Cream.....	28	Tea.....	10
Coffee.....	10	Macaroni & Cheese.....	5	Toaster Pastries.....	8
Coffee Creamer.....	10	Marshmallows.....	7	Toothpicks.....	17
Coffee Filters.....	10	Matches.....	17	Tortillas.....	3
Condiments.....	4	Mayonnaise.....	4	Toys.....	22
Cookies.....	10	Men's Toiletries.....	25	Trash Bags.....	18
Cosmetics.....	29	Microwaveable Food.....	6	Vinegar.....	3
Cotton Balls.....	28	Milk (Canned/Powdered).....	7	Vitamins.....	24
Cough & Cold.....	23	Mixers.....	1 & 2	Water.....	12
Crackers.....	10	Mops/Brooms.....	17	Wine.....	1 & 2
Dental/Oral Care.....	25	Mustard.....	4		



THE HEIGHTS

STORE DIRECTORY



FRESH FROM TEXAS FIELDS TO RIGHT DOWN THE STREET

Take your pick from local and organic selections. And while you're here, help yourself to fresh squeezed juices plus take the work out of dinner with our handy meal starters.




STEAK NIGHT? ENJOY THE SIZZLE

We have a selection of Choice, Natural, Prime and Dry Aged Beef or Natural and Organic Chicken.

UNCORK REALLY AMAZING FINDS

Over 1,500 varieties from Texas and around the world.



THAT'S HOW WE ROLL

From Hand Rolls to Sashimi, our sushi is prepared in-store every day.




CHEESE TO PLEASE

With our impressive selection of Cheeses imported from all over the world, you'll find unique offerings to satisfy every palate.



FROM OUR OVEN TO YOUR TABLE

Artisan Breads and Tortillas made fresh in-store daily. Plus, sweeten up the occasion with made-to-order cakes designed just for you.




COOKING CONNECTION

Featuring live demonstrations and daily sampling.



REEL FRESH REEL CONVENIENT

Choose from tasty catches like Salmon, Tilapia, Tuna steaks and more or save time with our ready to cook H-E-B Meal Simple™ seafood trays.




HEALTHY LIVING FOR EVERY BODY

From supplements to nutrition bars, we have a variety of natural and specialty products geared toward health and wellness.



H-E-B DRIVE-THRU Pharmacy 713-869-1700

PHARMACY HOURS

MONDAY - FRIDAY 9 am - 9 pm
 SATURDAY 9 am - 6 pm
 SUNDAY 10 am - 5 pm



STORE OPEN DAILY 6AM - 12AM | 2300 N. SHEPHERD DRIVE · HOUSTON, TX 77008 | 713-802-8100

