

BUILD YOUR OWN BOWL

1

Choice of Mexican Rice,
Serrano Mashed Potatoes,
or Shredded Lettuce

2

Charro Beans or
Refried Beans

3

Choice
of protein

T O P P E D W I T H

Roasted Corn, Pico de Gallo, Shredded Cheese
Guacamole, and Flaming Bird Sauce

Veggie 390 - 700 cal _____ **5.49**

Sausage 710 - 980 cal _____ **6.49**

Chicken Fajita 550 - 810 cal _____ **7.49**

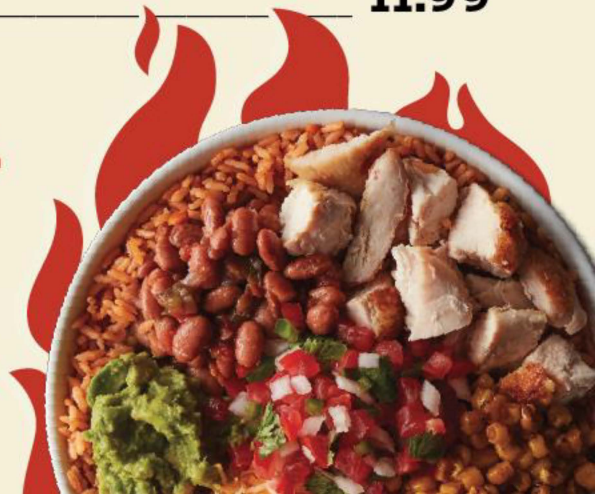
Beef Fajita 700 - 960 cal _____ **8.99**

Protein 840 - 1510 cal _____ **11.99**

Double Protein, Lettuce, Pico de Gallo,
Guac & Shredded Cheese

**Shredded Original
Flaming Bird**

\$6⁴⁹
790 - 1060 cal



**FLAMING
BIRD**

= BIRRIA BEEF =

**RAMEN
BOWL**

Beef shoulder slowly simmered in a
rich birria consommé ladled into a bowl
of Tapatio Birria Ramen & topped with
chopped onions, cilantro, and lime.

1210 CAL

Only
\$9⁹⁹



GRILLED CHICKEN

Includes Jalapeños, Onions, and Corn Tortillas

**Make it Spicy for \$0.50 more +100 Cal*

4 Piece Leg Quarters 1910 cal _____ **5.49**

Whole Bird 1660 cal _____ **9.99**

8 Piece Leg Quarters 3830 cal _____ **10.49**



NACHOS

Topped with Refried Beans, Queso, Pico de Gallo, Guacamole, and your choice of Beef or Chicken Fajita Meat

Chicken 920 cal _____ **6.49**

Beef 980 cal _____ **7.99**



SIDES

Mexican Rice 250 / 480 cal

Charro Beans 170 / 400 cal

Refried Beans 180 / 430 cal

Serrano Mashed Potatoes 300 / 910 cal

Roasted Corn 180 / 490 cal

Mac N' Cheese 310 / 820 cal

Small

\$2⁴⁹

Large

\$4⁴⁹

PLATES

Includes Leg Quarters

**Upgrade to Breast Quarter for \$1.99*

1 Piece Leg Quarter 710 - 1135 cal	5.99
1/4 Sausage 740 - 1140 cal	5.49
Chicken Fajita 735 - 1075 cal	6.99
1 Piece Leg Quarter + Sausage 1070 - 1495 cal	6.99
2 Pieces Leg Quarter 1040 - 1530 cal	7.29
Beef Fajita 820 - 1130 cal	9.99

BY THE POUND

Includes Peppers, Onions & Tortillas

Sausage 1350 cal	5.99
Chicken Fajita 1410 cal	7.99
Beef Fajita 1690 cal	16.99



FAMILY COMBOS

Combo #1

1 Whole Chicken 1895 - 2385 cal
(Original or Serrano) 2 Small Sides, 5 Corn Tortillas,
Jalapeños, and Onions



\$13⁹⁹

Combo #2

2 Whole Chickens 3870 - 4770 cal
(Original or Serrano) 2 Large Sides, 10 Corn Tortillas,
Jalapeños, and Onions



\$26⁹⁹

Combo #3

8 Piece Leg Quarters 5670 cal
(Original or Serrano) 2 Large Sides, 10 Corn Tortillas,
Jalapeños, and Onions



\$17⁴⁹

Parrillada for 2

1 lb. of Fajitas

(beef, chicken or mixed)

& 1/2 lb. of Sausage

5 Corn Tortillas, Peppers & Onions,
1 Small Rice & Charro Beans, Salsa (2),
and Guacamole

\$28⁹⁹

2350 - 2570 cal

Parrillada for 4

2 lb. of Fajitas

(beef, chicken or mixed)

& 1 lb. of Sausage

10 Corn Tortillas, Peppers & Onions,
1 Large Rice & Charro Beans, Salsa (2),
and Guacamole

\$54⁹⁹

4710 - 5160 cal

These curated menu offerings are perfect for large groups or for your next big gathering.

BAKED POTATO BAR

Potato, Butter, Cheese, Crema & Pico De Gallo

Choice of Protein:

- **Chicken Fajita** 760 Cal
- **Sausage** 1020 Cal
- **Shredded Chicken** 980 Cal
- **Beef Fajita** 900 Cal

MINIMUM 15 PEOPLE _____ **\$9.00**

BOWLS

Rice, Charro Beans, Roasted Corn, Pico De Gallo, Shredded Cheese, Guacamole & Flaming Bird Sauce

Choice of Protein:

- Beef Fajita** 700 Cal _____ **\$9.50**
- Chicken Fajita** 650 Cal _____ **\$8.00**
- Sausage** 740 Cal _____ **\$7.00**
- Shredded Chicken** 790 Cal _____ **\$7.00**
- Veggie** 390 Cal _____ **\$6.00**



GRILLIN' = AUTHENTIC = FLAVORS *Every Day*

Our seasoned rotisserie chicken is grilled over an open flame, sealing in the blend of citrus and adobo flavors.

Flaming Bird honors H-E-B's long history in the South Texas regions, replicating this traditional meal at a valuable price, yet bountiful enough to feed the whole family.

FOR A LIST OF LOCATIONS VISIT:
HEB.COM/FLAMINGBIRD

Prices and selection may vary at each location.
Prices subject to change without notice.



FLAMING = BIRD =

CATERING MENU

Always
= FLAMIN' =
GOOD

A LA CARTE

- 20 Count Leg Quarters** 10520 Cal _____ **\$19.99**
Make them spicy for \$3 more
- 1 lb. Beef Fajita** 1690 Cal _____ **\$16.99**
- Whole Bird** 1660 Cal _____ **\$9.99**
- 1 lb. Chicken Fajita** 1410 Cal _____ **\$7.99**
- 1 lb. Sausage** 1350 Cal _____ **\$5.99**

TEXAS SIZE SIDES

- Mac & Cheese** 2250 Cal _____ **\$33.99**
- Roasted Corn** 2080 Cal _____ **\$24.99**
- Serrano Mashed Potatoes** 2960 Cal _____ **\$15.99**
- Charro Beans** 1450 Cal _____ **\$15.99**
- Mexican Rice** 2250 Cal _____ **\$15.99**
- Refried Beans** 1840 Cal _____ **\$15.99**

SERVES 10 - 12



FAJITA

= Favorites =

PLATES

2 Sides, Corn Tortillas, Jalapeños and Onions

- Chicken Fajita** 490 - 710 Cal _____ **\$8.00**
- Beef Fajita** 660 - 870 Cal _____ **\$10.49**

MINIMUM 15 PEOPLE
plates are individually packaged

NACHO BAR

Includes choice of:

Chicken, Beef or Mixed Fajitas, Crispy Tortilla Chips, Refried Beans, Queso, Guacamole, Pico de Gallo, Jalapeño Slices & Sour Cream

SERVES 10 930 - 1120 Cal per serving

\$89.99
& up



PARRILLADA FOR 4

- 2 Pounds of Fajitas (beef, chicken or mix)
- 1 Pound of Sausage
- 10 Corn Tortillas
- 1 Large Rice & Charro Beans
- Peppers & Onions
- Salsa & Guacamole

SERVES 4 1177-1290 Cal per serving _____ **\$54.99**

PARTY PACK

- 5 Whole Birds (Original or Serrano)
- 4 Large Sides
- 25 Corn Tortillas
- Peppers & Onions

SERVES 12-14 790 - 805 Cal per serving _____ **\$63.99**

