

DESSERTS

\$3.09

- BANANA PUDDING
- CHOCOLATE OREO® PUDDING
- PEACH COBBLER



CALORIES	
390	✓
370	✓
360	✓

DRINKS

SODA OR TEA

	CALORIES	
regular	0-240	\$1.50
large	0-390	\$2.00
mug refill	0-13 per oz.	99¢

ORGANIC MILK white or chocolate 120/150 \$1.00

ORGANIC APPLE JUICE 40 \$1.00

BEERS

CHECK OUT OUR SELECTION OF DRAFT AND BOTTLED BEERS. GROWLER FILLS AVAILABLE.

BBQ PARTY PACKS

	TOTAL CALORIES		CALORIES PER SERVING	
PARTY OF 6	9870	\$66.00	1650	\$11.00 per person
1 lb. brisket, 1 lb. turkey and 1 smoked chicken and 4 medium sides: (1) brisket beans, (1) coleslaw, (1) green beans & (1) potato salad				
PARTY OF 12	17680	\$126.00	1470	\$10.50 per person
2 lbs. brisket, 2 lbs. turkey and 2 smoked chickens and 4 large sides: (1) brisket beans, (1) coleslaw, (1) green beans & (1) potato salad				
PARTY OF 24	36500	\$240.00	1520	\$10.00 per person
4 lbs. brisket, 4 lbs. turkey and 4 smoked chickens and 8 large sides: (2) brisket beans, (2) coleslaw, (2) green beans & (2) potato salad				

Sorry, no substitutions on party packs.

CATERING

WE OFFER FULL SERVICE CATERING FOR ANY EVENT. ASK A MANAGER FOR MORE DETAILS.

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BBQ®
FASTER?**

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Products labeled "low gluten diet friendly," or LG, are made without gluten containing ingredients, but may contain minor amounts of gluten present in our kitchens or facilities. These products are not safe for people with celiac disease or gluten sensitivity.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. ©2018 HEB, 18-4914

TRUE *Texas*
BBQ®

— KINGWOOD —
MENU



4517 KINGWOOD DRIVE
KINGWOOD, TEXAS 77345

open daily: 11:00 am - 9:00 pm

TRUETEXASBBQ.HEB.COM

BAR-B-Q BY THE POUND

	CALORIES	
NATURAL BRISKET		
fatty	1460	\$18.59 LG
lean	1280	\$18.99 LG
chopped and sauced	1060	\$16.19
NATURAL SMOKED TURKEY BREAST	760	\$15.99 LG
SAUCED NATURAL PULLED PORK	1120	\$12.19

BY THE EACH

	CALORIES	
NATURAL ST. LOUIS SPARE RIBS		
half rack	1210	\$16.99 LG
full rack	2410	\$31.99 LG
NATURAL SMOKED CHICKEN HALF	1030	\$6.50 LG
NATURAL SAUSAGE LINK	300	\$4.59

PLATES

Served with 2 sides

	CALORIES	
THREE RIB PLATE	680-1300	\$12.29
ONE MEAT	270-1270	\$9.79
TWO MEAT	460-1840	\$12.29
THREE MEAT	650-2410	\$14.79
substitute ribs	600 per sub	\$2.50

ADD-ONS
pickles (10 cal), onions (30 cal) & white bread (140 cal)

POTATOES

ADD-ONS
butter (100 cal)
cheddar cheese (60 cal)
sour cream (30 cal)
& green onions (0 cal)



**CHOPPED BRISKET
BAKED POTATO**
850 calories
as shown

	CALORIES	
SAUCED PULLED NATURAL PORK	680	\$6.99
SAUCED CHOPPED NATURAL BRISKET	660	\$7.99
NATURAL SMOKED TURKEY BREAST	590	\$7.49
CHOPPED NATURAL SAUSAGE	590	\$7.99
NATURAL SLICED BRISKET	600	\$8.69
NO MEAT LG V	400	\$4.59

SANDWICHES



**SLICED NATURAL
BRISKET SANDWICH LARGE**
1020 calories as shown

ADD-ONS
pickles (10 cal), onions (30 cal)
& bbq sauce (40 cal)

	CALORIES	
PULLED NATURAL PORK		
regular	510	\$4.09
large	1050	\$7.09
SLICED NATURAL TURKEY		
regular	420	\$4.99
large	670	\$8.99
CHOPPED NATURAL BRISKET		
regular	490	\$5.19
large	820	\$9.29
SLICED NATURAL BRISKET		
regular	550	\$6.59
large	940	\$9.99
SLICED NATURAL SAUSAGE		
regular	590	\$5.59

ADD ANY SMALL SIDE AND REGULAR DRINK
add 40-710 cal **\$3.00**

ADD CHIPS & A REGULAR DRINK
add 150-390 cal \$2.00



**SLICED NATURAL TURKEY
SANDWICH MEAL**
790-1030 calories as shown

Our BBQ, Sides & Sandwiches are made fresh daily.
Available until sold out.

*Prices subject to change without notice. **Not available in all sizes.

**NATURAL MEANS:
NO ADDED HORMONES, ANTIBIOTICS,
PRESERVATIVES OR ARTIFICIAL INGREDIENTS**

SALADS

	CALORIES	
GARDEN SALAD	80	\$5.49
with 1/4 LB. TURKEY	420	\$7.59

DRESSINGS
Ranch (210 cal) & Balsamic Vinaigrette (45 cal)

SIDES

SMALL \$3.09 MEDIUM \$5.49 LARGE \$8.49

	CALORIES	
COLESLAW	190/370/770	V
POTATO SALAD	360/720/1440	V
BRISKET BEANS	200/390/780	LG
CREAMED CORN	440/870/1740	V
MAC & CHEESE	470/910/1870	V
GREEN BEANS	70/140/280	LG V
SIDE SALAD**	40	LG V
GRAPES**	60	LG V
CORNBREAD** with honey butter	790	

JALAPEÑO
whole
5 cal 40%
LG V



GREEN BEANS

CHECK OUT OUR KIDS COLORING MENU.

LG LOW GLUTEN DIET FRIENDLY V VEGETARIAN