

Session 3

Fruits & Vegetables / Culture & Traditions



RIDDLES IN THE KITCHEN

Meal time is the perfect opportunity to have fun with these kitchen riddles! Ask your child to solve these puzzlers as you cook or clean up.

Veggie Riddles:

I'm leafy green and used in a salad. What am I? (lettuce)
You can eat me mashed, fried, or like a chip. What am I? (potato)
I'm orange and crunchy and rabbits like me. What am I? (carrot)

Fruit Riddles

I'm orange and make a delicious juice. What am I? (orange)
I grow in bunches and monkeys love me. What am I? (bananas)
I grow on trees. I am yellow and very sour. What am I? (lemons)

Dairy Riddles

I come from a cow and I'm poured from a carton. What am I? (milk)
I'm made from milk and mice love me. What am I? (cheese)
I come in many flavors and I am so creamy you have to eat me with a spoon. What am I? (yogurt)

Utensil Riddles

I have pointed ends and I pick up food. What am I? (fork)
You use me to eat ice cream or soup with my round end. What am I? (spoon)
I am sharp and am used to cut food. What am I? (knife)

Where Am I?

Ask your child to find:

I am used to handle hot pans. What am I? (pot holder)
I'm good at opening cans. What am I? (can opener)
I keep your food cold. What am I? (refrigerator)